

# Coaching Requirements

## Football:

**Step 1)** All prospective coaches and Team Moms must complete the Volunteer Application form found on our website under "Site Links". Once complete, please email to your Football Player agent at fbplayeragent@opaa.us no later than July 10.

**Step 2)** All prospective volunteers 18 and older must complete the background check found on our website under "Site Links" no later than July 10.

**Step 3)** Once a background check has been cleared, prospective volunteers must register for an ID badge. Directions for this process can be found on the "site links" tab of our website under. **DO NOT REGISTER FOR YOUR BADGE UNTIL YOUR BACKGROUND CHECK IS COMPLETE.** Complete no later than July 10.

**Step 4)** All coaches must complete the Heads Up training, found on the website under "Site Links" no later than August 1.

**Step 5)** All coaches and team moms must complete the AAU Positive Coaching Alliance course located under the "site links" tab of our website, no later than August 1.

## Cheerleading:

**Step 1)** All prospective coaches and Team Moms must complete the Volunteer Application form found on our website under "Site Links". Once complete, please email to your Cheerleading Commissioner at secretary@opaa.us no later than July 10.

**Step 2)** All prospective volunteers 18 and older must complete the background check found on our website under "Site Links" no later than July 10.

**Step 3)** Once a background check has been cleared, prospective volunteers must register for an ID badge. Directions for this process can be found on the "site links" tab of our website. **DO NOT REGISTER FOR YOUR BADGE UNTIL YOUR BACKGROUND CHECK IS COMPLETE.** Complete no later than July 10.

**Step 4)** All coaches and team moms are required to do the following FREE certifications: no later than August 1:

1. AAU Positive Coaching Alliance found here: <https://www.positivecoach.org/aau-online-course>
2. Engaging Effectively with Parents: <https://nfhslearn.com/courses/61154/engaging-effectively-with-parents>
3. Social Media: <https://nfhslearn.com/courses/61063/social-media>
4. Concussions in Sports: <https://nfhslearn.com/courses/61151/concussion-in-sports>

**Step 5)** All coaches are required to do the above and the ADDITIONAL training below no later than August 1:

1. Heat Illness Prevention (free)- <https://nfhslearn.com/courses/61140/heat-illness-prevention>
2. CPR Certification (your preference)
3. NAYS online certification (\$20)- <https://nays.org/nyscaonline/preview/cheerleading.cfm>

**If for any reason the above certifications are not complete a volunteer will be denied access.**

**Website: WWW.OPAA.US**